

Kursraum 1

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
	09 ⁰⁰ WSG/Reha		09 ⁰⁰ WSG/Reha	09 ⁰⁰ WSG/Reha
		09 ³⁰ WSG/Reha		
10 ⁰⁰ WSG/Reha	10 ⁰⁰ WSG/Reha	10 ¹⁰ WSG/Reha	10 ⁰⁰ YOGA am Stuhl	
10 ⁴⁰ WSG/Reha		10 ⁴⁵ WSG/Reha		
				15 ¹⁵ Kindertanz
				16 ¹⁵ Ballett
	17 ⁰⁰ WSG/Reha	17 ⁰⁰ WSG/Reha	17 ⁰⁰ WSG/Reha	
	18 ⁰⁰ WSG/Reha	18 ⁰⁰ WSG/Reha	18 ⁰⁰ WSG/Reha	
19 ⁰⁰ YOGA	19 ⁰⁰ Zumba	19 ¹⁵ YOGA	19 ⁰⁰ YOGA	
	19 ⁴⁵ Zumba			

Keller 12 die KÖRPERWERKSTATT

17 ³⁰ WSG/Reha Zirkel				
19 ⁰⁰ Funct. Training				
		19 ³⁰ Thaiboxen	19 ¹⁵ Deepwork/ Made by Nature	

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Kursraum 2

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
	19 ⁰⁰ Pilates		19 ⁰⁰ Pilates	
	19 ⁴⁵ Pilates		19 ⁴⁵ Pilates	

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